



The Student Mental Health & Wellness Conference 2.0 Executive Summary



The Student Mental Health and Wellness Conference 2.0 was a bigger and better professional development experience for over 200 administrators, school counselors, school psychologists, teachers, school nurses, educators, and guests!

Facts at a Glance:

- **Attendance:** 203 administrators, school counselors, school psychologists, teachers, school nurses, educators, and guests attended the conference
- **Nationally Known Keynote:** Clark Flatt of the Jason Foundation on youth suicide prevention
- **Training Sessions:** 28 break-out sessions presented by district employees and/or community partners were available to attendees
- **Quality Professional Development Materials:** Attendees received *Mindset: The New Psychology of Success* and supporting materials as a part of their registration
- **Community Resource Fair:** 34 district and community partners participated in the Community Resource Fair (where attendees could meet those who provide mental health and wellness support to students, families, and employees)
- **Cross-Silo Networking:** On site Mix It Up! lunch provided to attendees, providing the opportunity to network with colleagues
- **Sponsorship:** The event was fully funded through sponsors and partners

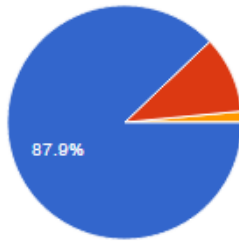


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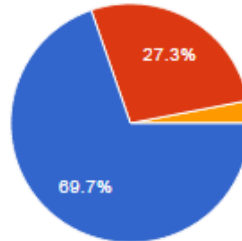
Evaluation:

The conference day was organized and easy to follow.



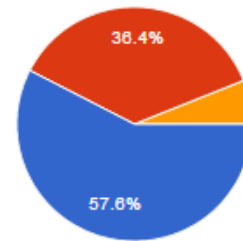
98.5% agree/strongly agree

The conference sessions were relevant to my work.



97% agree/strongly agree

The Community Resource Fair was beneficial and relevant to my work.



94% agree/strongly agree

The best part of the professional development was...

Great presenters with relevant information. Having lunch available made for a relaxing day.

Excellent speakers and a nice variety of topics to choose from! Was difficult to decide which one to go to!

Relevant and up-to-date information. Knowledgeable presenters. Excellent speakers.

The large selection of break-out sessions on a variety of topics. It was highly organized and the vendors and lunch were very much appreciated. The conference was very informative and served to raise awareness.

The keynote speaker was amazing. I looked up The Jason Foundation online and found a wealth of resources.

Networking opportunities, the breakout sessions and the keynote speaker.

Your hard work is truly appreciated. I realize that an annual conference is like putting on a wedding each year! Thank you to you and your team.

The entire day was EXCELLENT!! However, I wish the break-out sessions were duplicated. I liked that there was a range of topics to choose from. It was just very difficult to choose which session to go to.

The best part for me was to hear from other department or groups about their challenges and best practices when working with families.

The organization and the quantity of materials provided at lunch. The lunch was great too!

The keynote address by Mr. Clark Flatt on youth suicide awareness and prevention.